The Foundation has made more than $32 million in grants to our region since 2001. As the organizations we support continue to grow in their reach and effectiveness, the health of thousands of individuals has been positively impacted.

- **45 approved grants**
- **36,479 neighbors impacted**
- **$2,146,372 invested in grants, initiatives and other program services**
Welcome,

At the heart of it, being a good community partner means collaborating with many others to build a vibrant, just community. We are honored to champion the work of the incredible organizations listed throughout this report who are joining with us to advance health.

Each day, the Partnership for Better Health takes its core values to task, as we strive to practice openness, responsiveness, excellence, integrity and inclusiveness in our engagement of diverse communities.

This year, we enhanced our efforts to be accessible by fanning out to participate in more community meetings, events and health fairs. Our staff serve on myriad local and state coalitions and we are proud to lead ongoing partnerships.

True to our mission, the Partnership is far more than just a grant maker. As we seek to continually grow and improve, policy advocacy, foundation initiatives, public health education and trainings are integral to how we work.

We are excited to be launching a new strategic plan. With this in mind, we welcome your thoughts about ways the Partnership can be of greatest service to the community. The Partnership belongs to you and our door is always open.

Wishing you good health—

Jeffrey Gayman, Board Chair

We applaud the extraordinary contributions of the many organizations and individuals listed herein.

Becca Raley, Executive Director
Promoting

Health happens where people of all ages live, learn, work and play. The Partnership is committed to promoting healthy lifestyles.

HEALTHY COMMUNITY DESIGN
Pennsylvania Parks & Forests Foundation
Understanding Barriers to Outdoor Recreation $8,000

Cumberland Valley Rails-to-Trails Council
Extension of the Cumberland Valley Rail Trail $25,000

Carlisle Area School District
Recess Equipment and Playground Safety Mats $1,450
Simply Moving Walking Initiative $1,444
Wellness at Work (Year 10) $15,000

NUTRITIOUS FOOD ACCESS
Hope Station Opportunity Area Neighborhood Council
Kid's Cafe $2,000

Project SHARE of Carlisle
Adult and Child Nutrition $60,000
Double Up Food Bucks $2,000

Salvation Army
The Super Cupboard $2,000

Shippensburg University Foundation
Shippensburg Summer Lunch Program $2,000

YOOUTH DEVELOPMENT
The Center for Youth and Community Development
PROJECT REACH $12,000

Capital Resource Conservation and Development, Inc.
LEAF Project (Leadership Education And Farming) $25,000
Strategic planning process $2,000

Carlisle Area School District
Aquatic Safety Swim Lessons $550

Boys & Girls Club of Chambersburg & Shippenburg
Triple Play $2,000

Carlisle Area School District
Mooreland Elementary School, Go Girls Go $1,000

United Way of Carlisle & Cumberland County
Success By 6 Getting Ready for Kindergarten Calendar $750

South Middleton School District
SPARK PE and Fitness for Life $22,250

Playworks
Recess Implementation $49,500

Make It a Healthy Summer! Youth Scholarships $7,850

Carlisle Victory Circle
Community Connections Program $2,000

Carlisle Arts Learning Center
Summer Program for Middle School Students $2,000

Kidney Foundation of Central Pennsylvania
Camp Kydnie - A Camp for Kids with Kidney Disease $1,400
These grants were awarded between July 1, 2014 and June 30, 2015.

## Impacting

Ensuring access to affordable health services is central to our mission and directly impacts thousands of individuals throughout our region.

### BEHAVIORAL HEALTH

**CONTACT Helpline**
- 211 Marketing Campaign
  - $15,000

**NHS Stevens Center**
- Comprehensive Clinical Team
  - $85,000

**NHS Stevens Center**
- Outpatient Drug & Alcohol Program
  - $57,000

**Substance Abuse Services**
- RASE of Carlisle
  - $78,000

**Diakon Youth Services**
- Aggression Replacement Therapy for At-Risk Youth
  - $2,000

**The Arc of Cumberland and Perry Counties**
- Fetal Alcohol Spectrum Disorder Awareness
  - $500

### HEALTH CARE

**Civic Club of Shippensburg**
- Community Nurse
  - $16,500

**Dickinson College**
- Migrant Farm Labor Health Outreach
  - $3,345
- Healthy Outreach to Migrant Workers
  - $2,915

### HEALTHY PEOPLE GRANTS

**Safe Harbour Inc.**
- Life Skills
  - $4,500

**Healthy Steps Diaper Bank**
- Critical Diaper Need
  - $2,000

### SADLER HEALTH CENTER CORPORATION

The foundation made an award of $1,230,000 to support six programs at Sadler.
- Behavioral Health Services
- Healthy Rx
- Medical Services
- Nurse-Family Partnership
- Oral Health Services
- Tobacco Cessation

### Educating

By advancing the skills of frontline health workers, we are promoting a pipeline of talented professionals to fill high-demand jobs.

#### HEALTH CARE SCHOLARSHIPS

- **Carlisle Area Healthcare Auxiliary**
  - Scholarships
    - $10,000

- **Harrisburg Area Community College**
  - Foundation Health Care Scholarships
    - $25,000

- **Employment Skills Center**
  - Nurse Aide Training & Employment
    - $57,000

- **Carlisle Area School District**
  - EMT Scholarships
    - $2,000

These grants were awarded between July 1, 2014 and June 30, 2015.
In 2015, we kicked off our new Nonprofit Training Institute, in partnership with M&T Bank and Millersville Nonprofit Resource Network. It is designed to enhance the effectiveness of nonprofit organizations and provide professional development opportunities.

Nonprofit Training Institute Classes
- Thinking Strategically to Increase Nonprofit Sustainability
- Reaching Your Audience and Telling Your Story

Our Youth Networking Forum puts a spotlight on emerging issues and resources related to adolescent health.

Forum Presentations in 2014-15
- Measuring the Health of Our Students and Ourselves
- Revolutionizing Recess by Playworks

To ensure lasting health improvements, we continually advocate for effective health policies. The Partnership focused on several key policy issues this year, including:

- New legislation to address opiate addiction and overdoses in Pennsylvania;
- Expansion of Medicaid insurance for vulnerable Pennsylvanians;
- Reauthorization of CHIP (Children’s Health Insurance Program); and
- Streamlining of the state’s eligibility process for SNAP (Supplemental Nutrition Assistance Program).

The Partnership also plays a central role in educating the public about the new health insurance enrollment process through a local awareness campaign and enrollment events with the Pennsylvania Health Access Network.
We take our role as a community partner to heart and are collaborating with many others to tackle critical health issues.

- Champions for Better Health Awards
- Cumberland County Health Improvement Partnership
- Cumberland Conservation Collaborative
- Cumberland/Perry Tobacco Control Coalition
- Cumberland/Perry Substance Abuse Prevention Coalition
- Dickinson College Community Partners
- Get Outdoors PA
- Greater Carlisle Project
- Harrisburg Closure Project
- Healthy & Wise Central PA Task Force
- Hope Station Youth Leadership Academy
- My Brothers’ Keeper
- Pennsylvania Coalition for Oral Health
- Pennsylvania Health Funders Collaborative
- Penn State Hershey PRO Wellness Advisory Council
- Perry County Family Partnership Board
- Perry County Health Coalition
- Shippensburg Human Services Council
- South Mountain Partnership & Go Local for Health
- Taking it to the Streets - United Way
- 211 Advisory Committee

The Partnership strives to be a leader and catalyst to ensure the continuous improvement of health in our communities.
The Partnership continually strives to identify unmet community needs and spearheads initiatives to fill these critical gaps. We are grateful to all those listed below for their direct support of health programs in Cumberland, Perry and Adams Counties, and Greater Shippensburg.

**Partnership Cornerstone Society**

- Lori Amey
- Donald and Theresa Arndt
- Mary Frances Carson
- Joan and Todd Dickinson
- Doris Ditzler
- Deb Fulham-Winston
- Jeffrey and Christine Gayman
- Paul D. Gehris and Katherine A. Gehris
- James Hoefler, Ph.D.
- Drs. David and Linda Hoover
- Casandra Jewell
- Tom and Deborah Kelly
- Amy Maley, D.O.
- Jude and Craig McLean
- Patti McLaughlin
- M&T Charitable Foundation
- Marjie and Don Mowery
- Ann and Kurt Myers
- Tom Neslund
- Sue Otway
- Todd Peterson
- Jaqueline L. Powell, CFP
- Becca Raley
- Rita and Ronald Schlansky
- Joseph and Meredith Vancosky
- Gail Witmer

Summer is a critical time for young people to learn, grow and explore new challenges that extend beyond the classroom. Through the generosity of local donors, 90 children attended summer camps and activities in 2015. Children in Carlisle, Shippensburg, Western Perry County and Mt. Holly Springs participated.

**2015 Summer Youth Scholarship**

- Mary and Edward Franco
- Giant Foods
- Joseph Layman
- Becca Raley
- R.S. Mowery and Sons
- Rita and Ronald Schlansky
- Pat and Paul Strickler

The Partnership is dedicated to serving our region in perpetuity. Planned gifts to the foundation ensure the Partnership’s ongoing legacy in the community. We thank those who have included the Partnership in their estate plans.

**Partnership Legacy Society**

- Drs. David and Linda Hoover
- June L. Shomaker

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*Please consider making a contribution to Partnership for Better Health. We welcome your support.*
## Sustaining

Serving as Good Stewards of Your Community Health Foundation

## Financial Statements

### July 1, 2014 - June 30, 2015

### Balance Sheet

<table>
<thead>
<tr>
<th>Assets</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and Investments - Unrestricted</td>
<td>$40,199,994</td>
</tr>
<tr>
<td>Investments - Temporarily and Permanently Restricted</td>
<td>39,312,170</td>
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<tr>
<td>Land, Buildings and Equipment (net of depreciation)</td>
<td>168,494</td>
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<tr>
<td>Other Assets</td>
<td>13,605</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$79,694,263</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Liabilities and Net Assets</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants Payable</td>
<td>$1,620,250</td>
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<tr>
<td>Other Liabilities</td>
<td>92,662</td>
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<tr>
<td>Net Assets - Unrestricted</td>
<td>38,669,181</td>
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<tr>
<td>Net Assets - Temporarily Restricted</td>
<td>186,662</td>
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<tr>
<td>Net Assets - Permanently Restricted</td>
<td>39,125,508</td>
</tr>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>$79,694,263</strong></td>
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</tbody>
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### Statement of Activities and Change in Net Assets

<table>
<thead>
<tr>
<th>Revenues, Gains and Other Support</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions and Income from Third-Party Trusts</td>
<td>$1,614,679</td>
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<tr>
<td>Investment Income</td>
<td>1,080,578</td>
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<tr>
<td>Net Realized and Unrealized Loss</td>
<td>(1,258,094)</td>
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<tr>
<td>Fees and Miscellaneous Income</td>
<td>84,459</td>
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<tr>
<td><strong>Total Revenues, Gains and Other Support</strong></td>
<td><strong>1,521,622</strong></td>
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</table>

<table>
<thead>
<tr>
<th>Expenses</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Grants, Initiatives and Other Program Services</td>
<td>2,146,372</td>
</tr>
<tr>
<td>Management and General</td>
<td>607,212</td>
</tr>
<tr>
<td>Fundraising</td>
<td>42,543</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>2,796,127</strong></td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Decrease in Net Assets</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Beginning Net Assets - July 1, 2014</strong></td>
<td>$79,255,856</td>
</tr>
<tr>
<td><strong>Ending Net Assets - June 30, 2015</strong></td>
<td><strong>$77,981,351</strong></td>
</tr>
</tbody>
</table>

Excerpts are from the foundation’s audited financial statements for the fiscal year that ended June 30, 2015. Our Form 990 and Audited Financial Statements may be obtained from our office during regular business hours.
Leading Together

Partnership for Better Health
Board of Trustees and Staff
2015-16
Teamwork, inclusiveness and excellence are hallmarks of our work.

2015-16 Officers

Jeffrey S. Gayman, Chairperson
W. Craig McLean, Vice Chairperson
Joan Dickinson, Treasurer
Theresa Arndt, MLS, Secretary

Trustees

Lori Amey, MSW
Mary Frances Carson
Deborah Fulham-Winston
James Hoeffer, Ph.D.
David Hoover, Ph.D.
Amy Maley, D.O.
Patti McLaughlin
John K. McClellan*
Thomas Neslund, DMD
Sue Otway*
Todd Peterson, M.D.
Rita Schlansky
Joseph Vancosky
Stephen Winn*

*Completed service in 2015

Partnership Staff

Becca Raley, Executive Director
Doris Ditzler, Senior Director of Grants
Harold Fraker, Director of Financial Services
Casandra Jewell, Office Manager
Machele Lynch, Grants Assistant
Ann Myers, Chief Gift Planning Officer
Heather Swartz, Communications Specialist
Gail Witwer, Director of Health Promotion

Volunteers

Asuncan Arnedo
Rod Benner
Alvin Blitz
Joyce Bylander
Steve Capone
Jack Carroll
Shawna Chriss
Win Cleland
Eric Conrad
Tom Coolidge
Benjamin Dum Jr.
Christopher Farrands
Molly Fortney
Dean Glick
Nancy Gregor
Deb Kelly
Chad Kimmel, Ph.D.
Leah Kithcart
Barbara Kohutiak
John Loftus
Matt Madden
Maureen Mulligan
Beth Murray
George Pomeroy, Ph.D.
Tim Potts
Jacqueline L. Powell, CFP
Diana Robinson
Kristen Rowe
Robin Scaer
June Shomaker
Andy Skelton, Ph.D.
Jim Smiley
Karen Smith
Alecia Sundsmo, Psy.D.
Terry Urich